

Packing list for Rancho Naturalista

- Binoculars** (most important)
- Rubber boots** (for mud) You may want to bring old tennis shoes or boots and then just leave them behind when you leave, that way you won't have to worry about cleaning them.
- Raincoat**
- Umbrella**
- Insect repellent or Citronella oil** (for insects- it's expensive in Costa Rica)
- Small alarm clock**
- Shampoo and conditioner**
- Toothbrush and toothpaste** (don't forget you might need this!)
- Smart phone or tablet** (in case you want to use the Wi-Fi here at the lodge to stay in touch)
- A light sweater** for the cool nights
- A warm coat** if you are going to the highlands to see the Quetzals or to the Volcano. (It gets cold up there)
- A flashlight** for night walks
- Camera** (a good choice)
- A small backpack** to carry things on the trail and at the airport
- Sunscreen and a Bandana or a hat** for sun
- A Swimsuit** if you plan to go whitewater rafting or just in case
- A good book** to read during the siesta hour after lunch or in the evening is a good idea! We have no television here at the lodge.



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